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# The Lovers Of Asylum By Muniba Saeed

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## Chapter 1: Emotion

As usual Emily woke up from her nightmare tears in her eyes sweat covering her forehead she finds herself in the same asylum she being there for last 2 years after her parents died in a car accident being traumatized by that day she end up in asylum by her aunt being a single child of her parents she found herself in a lonely part of life after her parents Dead Emily hate herself being attached to anyone cuz all she could see was blood in the end she hated herself being alive all she wanted was dieing with her parents in the car that day but she was saved at the last moment she never make friends in asylum her cold attitude also never let anyone get close to her Dr jack inter room no 13

just to find Emily looking outside the window emotionlessly he couches to gain her attention Emily turn around and say "why are you here again as you know I can't be fine then why" Dr jack replied "Emily how many time should I tell you if you let yourself free from your mind you will be free from your memories "" just go I'm never going to be free "Emily replied. Dr jack start his therapy like every day while Emily replied his questions as in her usual cold tone. After therapy Dr jack told Emily "today a new patient is shifting in room 14 I hope you would be good to him " Emily replied "it's non of my business" Dr jack being done with her behavior leaves the room On other hand saim inter his new asylum room just to find it the same lonely like others "why me "saim whisper saim was suffering from different kind of mental disorders the most common disorder in him was self harming behavior saim is being in asylum

for 3 years his parents visit him last year they never visit him again as they never wanted a sick child like him saim was not surprised by there behavior as he know it was going to happened Emily and saim both exit there room Both stop as there eyes meet each other both feel something new inside saim said "hi I'm saim I'm new here "Emily replied "as I care "And walk away to garder for a walk Emily sit on a bench in garden she constantly looking at the ground while her head was whispering her strange things while saim follow Emily he was being strangely curious about her he sit beside Emily and said "wanna be friends " Emily look at him emotionlessly "I mean you are the first person I meet here would you like to introduce me to others "saim added Emily chuckled and said "do you really think I will be friend with you if you really want to know others just go to them and leave me alone "saim being

confused by her cold attitude "why is she so cold "saim think saim said "I just want to get to know you "Emily replied "go and find someone else "Emily started to walk to her room leaving saim speechless

# Chapter 2: Pain

At night again Emily woke up from her nightmare "ahhh no mom" Emily screamed she was breathing heavily "mom mom Dad d dad "she whispered Emily screamed "nooo go away go away from my mind "she started to slap her head constantly Emily started to throw things whatever was close to her she was screaming a few nurse Burst to her room "calm down miss Emily "nurse said they quickly inject her Emily started to black out on other hand saim watch everything that

happens to Emily he feel kind of worried for her that he never feel for anyone

In morning saim find Emily sitting on bench in garden saim went to Emily he wants to ask her about last night. "hey" saim said Emily being annoyingly said "what is it now" saim replied "nothing I just want to ask about last night how are you feeling now " so you saw everything" Emily added "yeah" Saim said Emily just walk away silently

At lunch time saim again went to Emily and ask her "are you okay "Emily look at him coldly "it's a asylum everyone here is crazy so stop asking that someone is okay or not "saim replied "I know I mean last night your condition was worst ""it would be a lie if I say I'm okay "Emily said both just look down and have there lunch

Everyday saim would try to talk to Emily day by day Emily become less cold to saim

Dr jack was going toward Emily and saim room for there therapy one nurse comes to Dr jack and say "emily was again having panic attack last night "Dr jack replied "okay I'm going to see her "like everyday Dr jack started his therapy when Dr jack started to leave Emily room Emily said "you told me to make friends so I'm making one "Dr jack smile hearing Emily "really who is it "Dr jack replied "saim" Emily said Dr jack being happy about it said "I'm so glad get well soon Emily "

At night saim was tossing and turning in his bed not able to sleep he get up and went toward Emily room and knock her door Emily open her door to see who is it seeing saim she whispered "what is it ""I'm not able to sleep so I thought to see if you are sleeping or not "saim replied Emily said "I'm

m awake so what "saim replied "wanna go on a walk "

Saim and Emily was sitting on a bench in garden cold breeze was touching their skin both was suffocating from their mind

"Why are you here "saim ask Emily

"I'm not sure "Emily replied "what's about you "Emily added "cuz I'm mad "saim replied "I know that "Emily said "I mean was you born mad or was you created "Emily said "maybe created "saim replied "what's about these scars "Emily pointed his arm saim replied "as a child I would be happy when I would make a new drawing on a little piece of paper now I guess I like it on my arms "Emily being emotional she doesn't want to cry in front of him "I think I should go now it's getting late" and left for her room

Chapter 3: Confusion

Saim woke up was about to go out when a nurse knock on his door

Saim open the door and ask "what is it" nurse replied "your family is here to meet you "saim mood turn down hearing her "I'm coming "saim said

Saim was going to meet his family he saw Emily sitting in garden like everyday

"Hello" saim said "o you are here"

Saim father added. "o my baby how are you "saim mother said "just like you left me "saim replied "you are still the same crazyhead "saim father asked "yeah I'm "saim replied "then let's go you already see your son now there is nothing to talk about "saim father said "we are going honey get well soon "saim mother added

Saim make his way towards garden he saw Emily still sitting there saim said "hey "Emily just look at him "what are you doing" Emily said "nothing how are you after meeting your family you must be feeling happy "" I wish I were happy

Saim replied

Emily was staring at the window from hours she was not able to sleep her mind was stuck at saim she was just thinking about him "why am I thinking about him "Emily whisper being confused

On other side saim was thinking the same he was repeatedly thinking about Emily "is it love or what "saim mumbled

Chapter 4: Confession

Days was passing like this nor same nor Emily try to confess what they were feeling until one day saim make his mind to confess

"I can do it "" saim said to himself before making a way to go to Emily

"Hey" saim said "hello" Emily reply saim couldn't utter a word being so confused Emily notice it and ask "what is it" "I don't know but it's only for you "saim reply Emily ask "what you are talking about "I love you "saim confessed quickly Emily checks turns red duo to shyness she gather some courage and said "so you are feeling the same" saim reply "what do you mean by same did you fall for me too "Emily look down and nodded her head saim was very happy he quickly hugged her Emily hugged him back this is how there journey start

Emily asked "can you tell me why are you harming your self' saim replied "cuz it's the only way to make my stress and anxiety go away " Emily ask "stress about what " saim reply . " being not able to be normal like others being burden on my parents ""your parents "Emily question saim said "I was treated different from my others siblings I was invisible I see anger Hatred fake love I was the only one beated and broken just because it was me "Emily feel sorry for him and give him a warm hug they stay like this for a moment then they broke the hug saim ask Emily "what's about you what is your story "" my parents died in a car accident in front of me while I was saved being traumatized by that day I end up here by my aunt "Emily replied

# Chapter 5: Poems

#### A poem by saim:

- "I cry without tears "
- "I smile but I do not"
- "I want to live too"
- "I want to be free too"
- "I wish I could be like others"
- "I want to sleep at night too"
- "I want to smile when I want to"
- "I wish I could hold my hand from cutting me to pieces"
  - "I wish I could hold me"
  - "I feel cursed"
  - "my heart burst "
  - "fell from a height lbut not scared to die"

"I want to end can it just end "

Like everyday saim and Emily meet in garden "hey I wrote a poem about you" Emily cheered saim reply "really" Emily nodded and give her dairy to saim

#### Poem:

I need you badly

"I need you badly "

"I love you maybe"

"I want you madly "

"Don't leave me baby "

"Even if it's a dream can you just stay with me since I love you crazy"

"Maybe I'm all you need"

"If I could do I would remove your all bad memories"

"If I could do I would kill the monsters of your dreams"

"I know you still feel lonely"

"Your pretty eyes your innocent smile I can't forget it all"

Saim started to smile like crazy and kissed Emily forehead and said "I will never leave you we will leave together and die together " and then they hug each other

# Chapter 6: Healing

Saim and Emily started to help each other for healing from there bad memories months passed like that Emily and saim meet like every day Emily said to saim "let's discharge from hospital since we are coming to our normal states" saim reply "I

was thinking the same let's discharge and start a new journey" they smile to each other

In the morning Dr jack inter saims room and smile brightly and said "you are healing so fast same with Emily I am so happy for you "then Dr jack started his therapy after he was done with his work he started to leave his room when saim called him again "Dr jack can you give me a minute " Dr jack nodded "can you discharge Emily and me together "Dr jack said "you people are not properly healed you still need some time to stay here "and left the room after he want to Emily room for therapy when he was done with his therapy he ask Emily "are you and saim together " Emily replied ". " yes we are dating and planning to discharge too "Dr jack said don't Rush you people need to heal more" but Emily and jack didn't took Dr jack words seriously and started to discharge from hospital

## Chapter 7: Happy ending

After they discharge from hospital they work hard to live together they started to live together they started there new journey saim ended his connection with his family same with Emily she ended her relationship with her aunt too

Emily and saim was sitting on sofa watching TV "it was were a good movie" Emily said saim replied with a hmm "what are you thinking about" Emily added "don't leave me" saim replied Emily said "I will never leave you never ever" Emily took his hand and crease it

Emily was having nightmares again at nights but she didn't said anything at all nor she visit doctor nor she inform saim same with Saim he was self harming from few days and those few days

turn into months Emily nightmare was changed into fear of losing saim she was having nightmares about saim leaving her saim was also having thoughts about Emily leaving him both was living in fear but never share it with each other days turn into years and they live like this until they plan to end it

Emily cooked two cups of coffee and took lt to living room where saim was sitting "hey I made some coffee " saim smiles and took his coffee and start drinking" I love you you know it right "Emily whispers 'same with me" saim replied they stare at each other eyes deeply "your love is such a pain that it's hurt so good now i can't help but fall for you every moment " saim said "even if I livied my all life with pain I still want to live with you until the end "both were was In deep fear and pain of losing each other and the pain bought them to do something unexpected

Saim want to his room and took his gun and went to Emily and aim at her forehead Emily was shocked "are you feeling the same as me "Emily whispers "I can't help but to end us I can't live with fear of losing you it's just hurt so bad "saim replied "you don't need to shot me don't cover your hand with blood "Emily said Emily point at there cups "I already poison us "saim was not shocked nor sad he was emotionless both started to cough blood they fall down saim crawled and reach Emily "you know na I love you so much " saim whispers "I love you too let's not be sad anymore it's our happy ending "both hold each other hand until there soul was gone

Things are bound to change.

It's depends on time

When times come

ا گرآپ میں لکھنے کی صلاحیت ہے اور آپ اپنالکھا ہواد نیاتک پہنچانا چاہتے ہیں، مگر آپ کے پاس کوئی ذریعہ نہیں ہے۔۔ توہم سے رابطہ کریں۔ ہاری ٹیم آپ کو قدم قدم پرر ہنمائی فراہم کرے گیاور آپ کی لکھی ہوئی تحریر دنیا تک لائے گ۔ آپ اپنالکھاہواناول،افسانہ،شاعری،ناولٹ،کالم یاآرٹیکل پوسٹ کرواناچاہتے ہیں تواپنامسودہ ہمیں ور ڈفائل یا ٹیکسٹ فارم میں میل کریں novelsclubb@gmail.com آپ ہمارے فیس بک،انسٹا پیج اور واٹس ایپ کے ذریعے بھی ہم سے رابطہ کر سکتے ہیں۔ FB PAGE: **NOVELSCLUBB** INSTA: **NOVELSCLUBB** WHATSAPP: